



Rock Church

Pastor Miles McPherson | The Fast Lane | January 10, 2021

D12 Monthly Focus for January: Desperately seeks face-to-face intimacy with You

Sermon Application from Sunday's Message:

On Sunday, Pastor Miles talked about how fasting is an act of self-DENIAL for a specific period of TIME for a specific PURPOSE. No matter where you are in life or what challenges you face today, prayerfully consider then devote yourself to giving up something that is coming between you and God's Presence.

As a group, read Matthew 4:1-11 then discuss the following statements and questions below:

1. Be LED by the Holy Spirit.

- God is more interested in you being holy than He is with you being happy.
- What are some things you know you are being led to "let go of" or stop doing during this spiritual exercise of fasting?

2. You will be ATTACKED by Satan.

- Notice in Matthew 4 when the devil says, "IF You are the Son of God..." he was constantly challenging Jesus' identity for Jesus to prove who He was.
- God has a vision tied to your identity, and He has tied to your vision, provision. So, if you know who you are in Christ, He will provide everything you need through the gifts and talents He has given you. Stick to the plan He has for your life.
- What are some things the enemy has said to you that you know are lies? (ex: you're not smart enough, you're not pretty enough, etc.)

3. Be GUIDED by the Word.

- In the verses, Jesus said several times, "It is written..." showing that faith is not about feeling, it's about fact.
- All of God's promises are "Yes" and "Amen." If God promised you a job, then you need to apply. If God promised you a family, then you need to step into a godly relationship.
- Share one or two promises you know God is going to fulfill in your life.

4. You are SUPPORTED by angels.

- God will command His angels to protect you and support you.
- Do you have someone to hold you accountable and provide you with encouragement during this fast and beyond?

This Month's Memory Verse:

“That I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death.” ~Philippians 3:10 NKJV

This Week's Bible Reading / The Bible Project Videos:

Proverbs 1-2: <https://bibleproject.com/explore/video/proverbs>

Genesis 25-47: <https://bibleproject.com/explore/video/genesis-12-50>

Next Steps:

Text FAST to 52525 or visit www.sdrock.com/prayerandfasting for details on the fast.

Text RESET to 52525 or visit www.sdrock.com/reset for next steps and resources.

Text LIFE CLASS to 52525 or visit www.sdrock.com/life/class to help discover who you are.

Text GIVE to 52525 or visit www.sdrock.com/give if you feel led to give to the church.