



## dGroup Guide

### FREE SOLO

Pastor Miles McPherson | July 14, 2019

**D12 Monthly Focus for July: A Do Something Disciple, *humbly embraces a Kingdom Mindset.***

#### 1. Opening Prayer

- Share prayer requests
- Pray together (thank God for something, pray for others, and pray for self)

#### *Recite the Do Something Disciple Prayer*

“As a Do Something Disciple, I am in a disciplined pursuit for the heart of The Father, a heart that is being perfected in love for God and people.

#### **Father give me a heart that:**

- Desperately seeks face-to-face intimacy with You.
- Faithfully avoids that which displeases You.
- Humbly embraces a Kingdom Mindset.
- Values making disciples that make disciples.

#### **Jesus, create in me a heart that:**

- Values being guided by the Word of God.
- Gratefully grows in generosity.
- Nurtures a burden for lost people.
- Demonstrates a commitment to a Spirit-filled expression of my gifts.

#### **Holy Spirit develop a heart in me that:**

- Gracefully gives and receives forgiveness.
- Passionately worships God.
- Is dependent on the power of prayer.
- Serves with Humility.

"Father, with Christlikeness as my goal and the Holy Spirit as my Guide, knit my heart with Yours. Fill my heart with Your passions, motivations, and desires. In Jesus' Name, Amen."

## 2. Review

- **Memory Verse – Try to share by memory.**
- **Monthly D12 Attribute – Share how you are applying it in your life.**

## 3. Discussion Time

Begin with key insights from your daily journal and allow the Holy Spirit to guide your discussion.

- What is the Holy Spirit teaching or revealing to you?
- What is a current challenge you are dealing with?
- What step will you take to be more obedient to him?
- What help do you need?
- Who will you share your faith with this week?

## 4. Closing Prayer

- Share prayer requests and pray for each other.

**Monthly Memory Verse: Proverbs 3:5-6 (NKJV):** *“Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.”*

## Review the Sunday Sermon notes

On Sunday, we continued our *At the Movies* series with snippets from the documentary *Free Solo*, which profiles Alex Honnold, a rock climber on a mission to perform a solo climb without ropes. But this is not just any solo attempt, but a climb up what’s known as El Capitan or El Cap, which is about 3,000 feet from the base to the summit.

During the film, the crew captures Alex’s detailed rehearsal and memorization of each step, turn, and reach. The crew discussed the many challenges (in addition to Alex’s injury and doubt) of not putting Alex in danger with distractions from their equipment or being in his line of sight. After much preparation and discipline, Alex stepped out to start the journey one morning earlier than scheduled, but the team was ready and captured him making it to the top.

The film was symbolic of overcoming difficulties in our lives and can help us realize we were made for the impossible:

- 1) Identify your mountain
- 2) Make the proper preparations and create a plan
- 3) Persevere through setbacks
- 4) Climb the mountain

**This Week’s Bible Reading:** Ecclesiastes 1-12; Song of Solomon 1-8

**The Bible Project** – The Book of Ecclesiastes: <https://thebibleproject.com/explore/ecclesiastes/>;  
Song of Songs / Solomon: <https://thebibleproject.com/explore/song-of-songs/>