

# THROUGH THE BIBLE

## **Overview:**

The “Through the Bible” format is a method of taking your group through a book of the Bible, books of the Bible, or the entire Bible. If your group would like to read through the Bible during the year you can follow along with the Rock Church annual “Bible Reading Plan” by visiting <https://www.sdrock.com/bible/>. (If you don’t know where to start in the Bible we recommend starting with the Gospels – Matthew, Mark, Luke, or John).

The goal of this group is to grow in your knowledge and application of the Bible, have a safe and accountable place to connect, and finally multiply the group. With this group format you will memorize scripture, journal daily, and share any insights God reveals to you from the Bible. We recommend a group size of 3 to 5 members. We recommend that your group consist of either all men or all women so that you can share any “deep” issues in a safe and accountable group environment. We recommend meeting for one year and having an “annual reset” at the end of each year.

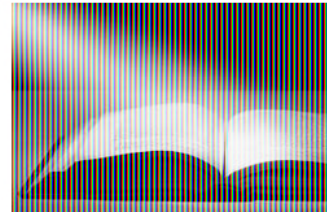
## **Weekly Meeting Format:** (Adapt as you see fit)

**1. Opening Prayer:** Pray together (thank God for something, pray for others, and pray for self)

**2. Memory Verse:** Individually recite the agreed upon MEMORY VERSE or VERSES for the week from the chapter or chapters you read. (Congratulate each other after completion.)

**3. Discussion Time:** begin with key insights from your daily journal and allow the Holy Spirit to guide your discussion. Discuss the questions below.

- What is the Holy Spirit teaching or revealing to you?
- What is a current challenge you are dealing with?
- What step will you take to be more obedient to God?
- What help do you need?
- Who will you share your faith with this week?



**4. Prepare for Next Week:** Determine next week’s scripture for your daily journaling as well as next week’s memory verse.

**5. Close in prayer:** Share prayer requests and pray for each other.

## **Daily Journal Format:**

We recommend you get a physical/digital notebook. We recommend journaling everyday if possible, but 4 days at minimum. In your journal we recommend the following format:

1. Read through scriptures. (We recommend having a Bible commentary to reference after you read. [blueletterbible.org](http://blueletterbible.org) & <https://planobiblechapel.org/constable-notes/>)
2. What is God telling you from the scripture?
3. How will you apply what God is telling you to your life?