

WHAT'S THE DIFFERENCE?

	rGROUPS	dGROUPS
MODEL	Open to anyone	Closed to believers only and by invite only
MAKE-UP	3-12 or more	3-5
DYNAMIC	Co-ed or gender specific	Gender specific
PURPOSE	To ensure that everyone has an opportunity to grow in Christ-centered community that equips people to mature in their faith and service.	Ensure that every member of Rock Church becomes a self-feeding believer who participates in a discipleship relationship that reproduces the life of Christ in another person.
TIME FRAME AND MEETING LENGTH	Runs indefinitely	A smaller group that exists for 12 months (60-90 minutes weekly or bi-weekly).
EXPECTATION OF MEMBERS	Flexible expectations of members, largely dependent on the rGroup as a whole.	High expectation of participants, upheld by covenant commitments and consistent accountability.
LEADERSHIP	One or two leaders nurture spiritual growth within the rGroup and develop future leaders.	Participants are mutually accountable and help each other grow in spiritual maturity in preparation to lead a future dGroup.
OUTCOME	Designed to grow and multiply biblical community.	Designed to replicate disciple-makers.
HOW DO I DO BOTH?	<p>OPTIONS:</p> <ul style="list-style-type: none"> ▪ Meet as an rGroup for 30 minutes and then breakout into dGroups (gender specific) from your rGroup. ▪ Have your rGroup at night during the week and have your dGroup on another day (breakfast/lunchtime/evening). ▪ You can do dGroup every other week. 	