



rGroup Guide

24/7

Pastor Travis Gibson | January 26, 2020

Recite the Do Something Disciple Prayer

“As a Do Something Disciple, I am in a disciplined pursuit for the heart of The Father, a heart that is being perfected in love for God and people.

Father give me a heart that:

- Desperately seeks face-to-face intimacy with You.
- Faithfully avoids that which displeases You.
- Humbly embraces a Kingdom Mindset.
- Values making disciples that make disciples.

Jesus, create in me a heart that:

- Values being guided by the Word of God.
- Gratefully grows in generosity.
- Nurtures a burden for lost people.
- Demonstrates a commitment to a Spirit-filled expression of my gifts.

Holy Spirit develop a heart in me that:

- Gracefully gives and receives forgiveness.
- Passionately worships God.
- Is dependent on the power of prayer.
- Serves with Humility.

"Father, with Christlikeness as my goal and the Holy Spirit as my Guide, knit my heart with Yours. Fill my heart with Your passions, motivations, and desires. In Jesus' Name, Amen."

Sermon Application from Sunday's Message:

On Sunday 1/26, Pastor Travis (broadcast campus) encouraged us to continue tapping into intimacy with God, in the morning, noon, and night. No matter what you are going through in life, especially during dark times, try your best to stay close to God. Here are three ways to have deeper intimacy with our Heavenly Father:

- 1) Verbally SUBMIT control to the Father. You want to be in God's purpose.
- 2) Verbally FORGIVE those who hurt you. Learn to extend grace to release the stronghold that unforgiveness has on your mind and heart.
- 3) Verbally SURRENDER your future to the Father. Remember God makes a way where it seems there is none, so let His light shine upon you.

Take time to read through the following in your rGroup and discuss:

- Read Luke 22:39-43
 - Here we read how Jesus went to pray as He usually did, at the Mount of Olives, and His disciples followed.
 - In your group, discuss the meaning of submission to the Lord, and share some ways you had been tempted to do your will and not the will of your Father. What was the outcome? Did you wish you had listened to the Holy Spirit's leading before you went through what you had to endure?
- Read Ephesians 4:32
 - In this verse, we are called to be kind to others and be forgiving, just as Christ forgives us for our sin.
 - Did God put someone specific on your heart that you need to forgive? Have you been unkind or showed resentment towards someone because you hadn't yet received one? What is your next step on offering forgiveness?
- Read Luke 23:44-47
 - In these verses, it was dark over all the earth because Jesus was preparing to die and was ready to surrender His will to God.
 - As you close your group time, briefly share something specific that you need to surrender to the Lord: job change, relationship, a family issue?

Next Steps:

- **Start a dGroup – Grow with friends as you meet weekly in an accountable relationship. For more information text dGroups to 52525.**

Monthly Memory Verse: Mark 9:29 *“So He said to them, “This kind can come out by nothing but prayer and fasting.”*

This Week's Bible Reading:

Exodus 19-37: <https://thebibleproject.com/explore/exodus-19-40/>

Psalms 13-18: <https://thebibleproject.com/explore/psalms/>