



rGroup Guide

The Bondage of Unforgiveness
Pastor Miles McPherson | February 9, 2020

D12 Monthly Focus for February: *Gracefully gives and receives forgiveness.*

Recite the Do Something Disciple Prayer

“As a Do Something Disciple, I am in a disciplined pursuit for the heart of The Father,
a heart that is being perfected in love for God and people.

Father give me a heart that:

- Desperately seeks face-to-face intimacy with You.
- Faithfully avoids that which displeases You.
- Humbly embraces a Kingdom Mindset.
- Values making disciples that make disciples.

Jesus, create in me a heart that:

- Values being guided by the Word of God.
- Gratefully grows in generosity.
- Nurtures a burden for lost people.
- Demonstrates a commitment to a Spirit-filled expression of my gifts.

Holy Spirit develop a heart in me that:

- Gracefully gives and receives forgiveness.
- Passionately worships God.
- Is dependent on the power of prayer.
- Serves with Humility.

"Father, with Christlikeness as my goal and the Holy Spirit as my Guide,
knit my heart with Yours. Fill my heart with Your passions, motivations, and desires.
In Jesus' Name, Amen."

Sermon Application from Sunday's Message:

On Sunday, 2/9, Pastor Miles spoke about getting free of the weights of unforgiveness in our lives. He challenged us to IDENTIFY our bondage of unforgiveness. He encouraged us to permit ourselves to LET GO of our bondage of unforgiveness. Finally, he asked us to direct ourselves to SURRENDER our bondage of unforgiveness.

Take time to read through the following materials in your rGroup and discuss the questions provided:

- What is forgiveness? (Hint- Restoring the ability of the image of God in us to respond to the image of God in someone who hurt us.)
- What forgiveness is not:
 - If I forgive, is what they did okay? No.
 - If I forgive, are there still consequences? Yes.
 - If I forgive, do I need to trust them? No, not until they earn it.
 - If I forgive, do I need to forget? Yes, you need to “forget” the idea of seeking revenge, but no, you need to not forget to protect your heart. (Forgiveness is between you and God and for your benefit.)
- Challenge yourself to identify your bondage of unforgiveness, let go, and surrender it to God.
 - Read James 1:19-20 – What do these verses say about being angry?
 - Read Luke 6:45 – How does our speech show what is in our heart?
 - Read Mark 11:25-26 – What do these verses say about prayer, forgiveness, and our relationship with our Father God?

Next Steps:

- **Start a dGroup and grow in accountability to Christ and others. Text dGroups to 52525.**

Monthly Memory Verse: Mark 11:26 *“But if you do not forgive, neither will your Father in heaven forgive your trespasses.”*

This Week's Bible Reading:

Leviticus 18-27: <https://bibleproject.com/explore/leviticus/>

Numbers 1-12: <https://bibleproject.com/explore/numbers/>

Psalms 19-24: <https://bibleproject.com/explore/psalms/>