



rGroup Guide

Think About It | Pastor Miles McPherson | March 29, 2020

D12 Monthly Focus for March: *Nurtures a burden for lost people.*

Recite the Do Something Disciple Prayer

“As a Do Something Disciple, I am in a disciplined pursuit for the heart of The Father, a heart that is being perfected in love for God and people.

Father give me a heart that:

- Desperately seeks face-to-face intimacy with You.
- Faithfully avoids that which displeases You.
- Humbly embraces a Kingdom Mindset.
- Values making disciples that make disciples.

Jesus, create in me a heart that:

- Values being guided by the Word of God.
- Gratefully grows in generosity.
- Nurtures a burden for lost people.
- Demonstrates a commitment to a Spirit-filled expression of my gifts.

Holy Spirit develop a heart in me that:

- Gracefully gives and receives forgiveness.
- Passionately worships God.
- Is dependent on the power of prayer.
- Serves with Humility.

"Father, with Christlikeness as my goal and the Holy Spirit as my Guide, knit my heart with Yours. Fill my heart with Your passions, motivations, and desires. In Jesus' Name, Amen."

Sermon Application from Sunday's Message:

On Sunday 3/29, Pastor Miles reminded us that we cannot operate and function if we have unhealthy thoughts. So, we need to think on things that are good and thank Him for His faithfulness to us. Sometimes we make our problems bigger than God, but we need to make God bigger than our problems. That way we can have peace in our heart when our mind is on the right things, rather than the wrong things; the peace that surpasses all understanding. Here are three ways we can focus on the Lord's truths:

- 1) **MEMORIZE SCRIPTURE** (Psalm 119:9-11). If we don't know what God said, the devil will tell you. So, read the Bible and memorize scripture so that you can answer when the enemy tries to distract you and cause you to stray.
- 2) **ESTABLISH AN ACCOUNTABILITY PARTNER** (Proverbs 27:17). Find someone that you can say to one another, "You have permission to be honest with me, and I have permission to be honest with you." Submit to one another. Ask yourself, "Who can stick closer to you than a brother." Find an online rGroup (small group) or start an online dGroup (discipleship group). Pray about whom to connect with.
- 3) **DECLARE GOD'S TRUTH OVER YOUR LIFE DAILY:**
 - a. **God is faithful** (1 Corinthians 10:13). God can't lie. He can't ever deny His promises to you. He is faithful so tell yourself that over and over so that you are convinced.
 - b. **God is powerful** (Luke 11:20-22). There is nothing He can't do. He is powerful beyond words. God is stronger than anyone or anything. He just spoke things into existence. When you feel weak, declare that God is powerful.
 - c. **God is loving** (1 John 4:8-11). God IS Love. Surrender your life to Him. He loves you. The only kind of love we need to experience is the Love of God and that only that happens is through relationship.

Imagine declaring "God loves me," "God knows every thought," "God has a plan for my life." Doing it is better than when you watch or read it. Say it loud. Declare God's truths confidently and consistently. "God is in this place," "He has anointed me," "He has empowered me," "He is on my side."

Take time to go through each of these:

- **DECLARE GOD IS FAITHFUL**
Give an example or two of how God has been faithful in your life.
- **DECLARE GOD IS POWERFUL**
Share how God has been powerful in your life.
- **DECLARE GOD IS LOVING**
Briefly discuss how God has shown love to you.

Next Steps:

- **Text INFO to 52525 to get involved with what the Rock Church is doing.**

Monthly Memory Verse: 1 Peter 3:15 NKJV *"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear."*

This Week's Bible Reading / The Bible Project Videos

1 Samuel 20-31: <https://bibleproject.com/explore/1-samuel/>

2 Samuel 5=7: <https://bibleproject.com/explore/2-samuel/>